



### NICOTINE REPLACEMENT OPTIONS

#### PATCHES

Nicotrol <sup>®</sup> 15 mg	Initial: MAX:	1 patch/16 hrs. Same as above	Treatment Duration: 8 wks.
* Nicoderm <sup>®</sup> CQ 21 mg 14 mg 7 mg	Initial: MAX:	1 patch/24 hrs. Same as above	Treatment Duration: 8 wks.

#### GUM

Nicorette <sup>®</sup> 2 mg 4 mg	Initial: MAX:	1 piece every 1–2 hrs. 24 pieces/24 hrs.	Treatment Duration: 8–12 wks.
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#### LOZENGE

Commit <sup>®</sup> 2 mg 4 mg		1 lozenge/1–2 hrs. (wks 1–6) 1 lozenge/2–4 hrs. (wks 7–9) 1 lozenge/4–8 hrs. (wks 10–12)	Treatment Duration: 12 wks.
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#### NASAL SPRAY

Nicotrol <sup>®</sup> NS 10 mg/ml	Initial: MAX:	1–2 doses/hr. 5 doses/hr. or 40 doses/day	Treatment Duration: 3–6 mos.
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#### INHALER

Nicotrol <sup>®</sup> Inhaler 10 mg/cartridge	Initial: MAX:	6–16 cartridges/day 16 cartridges/day	Treatment Duration: 3–6 mos.
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### NON-NICOTINE MEDICATION

#### BUPROPION HCL SR

* Zyban <sup>®</sup> 150 mg tablets	Initial: MAX:	150 mg/day (days 1–3) 300 mg/day (day 4+) 300 mg/day	Treatment Duration: 7–12 wks.
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Inclusion of this adult dosage chart is strictly for the convenience of the prescribing provider. Please consult the Physicians' Desk Reference for complete product information and contraindications. This chart does not indicate or authorize insurance benefit coverage for any of these medications. For insurance benefit information, the patient will need to contact his/her insurer directly. The cost or provision of these medications is not included as any part of the Try-To-STOP TOBACCO Resource Center of Massachusetts or QuitWorks program.

\* NORMALLY AVAILABLE FROM HOSPITAL PHARMACY

**Make smoking history.**