

BMC HealthNet Plan Over-the-Counter Formulary

Please Note: OTCs covered with a prescription. **GENERIC OTCs ONLY**, unless brand is listed. For dosage strength and form, refer to Formulary One Source at www.bmchp.org. *Indicates first-line step therapy.

Alternative Medicine & Nutrients

Black Cohosh
 Coenzyme Q10
 Fish Oil
 Glucosamine with / out Chondroitin
 L-Carnitine
 Soy

Analgesics (All Tablets in 100 Count Bottles)

Acetaminophen
 Aspirin
 Ibuprofen
 Naproxen
Child Dosage: Acetaminophen, Ibuprofen

Antacids, Anti-Gas, & Anti-Nausea

Acidophilus
 Aluminum Carbonate
 Aluminum Hydroxide
 Calcium Carbonate
 Generic Emetrol
 Magnesium Carbonate
 Magnesium Oxide
 Magnesium Trisilicate
 Sodium Bicarbonate
 Simethicone
 Any Combinations of the above with / out Simethicone
Child Dosage: Baby Gas

Anti-diarrhea

Bismuth Subsalicylate
 Kaolin / Pectin
 Loperamide

Antihistamines

* Loratadine with / out Pseudoephedrine *
 Diphenhydramine
 Chlorpheniramine

Antiseptics & Disinfectants

Chlorhexidine Gluconate
 Hydrogen Peroxide
 Povidone-Iodine
 Thymol

Cough / Cold / Allergy

Guaifenesin
 Saline / Sodium Chloride Nasal Sprays
 Pseudoephedrine
Child Dosage: Pseudoephedrine

Dermatological

Acne Treatment: Benzoyl Peroxide
Topical Analgesics: Capsaicin
Topical Antimicrobials: Single or Triple Combination Bacitracin, Polymyxin-B, Neomycin
Anti-Dandruff: Selenium Sulfate Shampoo
Topical Antifungals: Tolnaftate; Clotrimazole; Miconazole; Nizoral A-D Shampoo
Anti-Itch: Colloidal Oatmeal Bath; Calamine Lotion; Hydrocortisone
Diaper Rash: A & D Ointment, Zinc Oxide
Lice Treatment: Permethrin; Pyrethrin
Moisturizing Agents: Generic Eucerin, Generic Aquaphor, Petrolatum Gel, Lanolin Ointment, Hydrophilic Ointment
Skin Care: Generic Mederma; Generic Ichthammol; Combination Aluminum Sulfate & Calcium Acetate
Wart Removers: Salicylic Acid

Ophthalmic & Otic

Artificial Tears Solution and Ointment
 Carbamide Peroxide Solution 6.5%
 Sodium Chloride Solution
 Vasoconstrictor Agents (Naphcon-A; Vasocon-A; Opcon-A)

Smoking Cessation Products

Generic Nicotine Products

Laxatives

Bisacodyl w / out Enema
 Docusate Products
 Fleet Prep Kits w / out Enema
 Glycerin Adult Suppositories
 Magnesium Citrate
 Magnesium Hydroxide
 Methylcellulose
 Mineral Oil
 Senna
 Psyllium
 Polycarbophil
Child Dosage: Fleet Baby Lax Enema, Glycerin Suppositories

Medical Devices

Ace Bandages
 Alcohol Swabs
 Anti-diabetic Preparations
 Canes
 Diabetic Testing Kits & Supplies
 Eye Patches
 Generic Incontinence Products
 Humidifiers / Vaporizers
 Peak Flow Meters
 Ostomy Supplies

Ulcer Drugs

* Omeprazole (Prilosec OTC) *
 Ranitidine (Tab 75mg)
 Famotidine (Tab 10mg)

Vaginal Products (Only 3 or 7 Day Treatments)

Butoconazole
 Clotrimazole
 Miconazole
 Nonoxynol 9

Vitamins & Minerals (All Tablets in 100 Count Bottles)

Vitamin A / Retinol
 Vitamin B-Complex
 Vitamin C / Ascorbic Acid
 Vitamin D / Calciferol
 Calcium Carbonate
 Calcium Citrate
 Calcium Citrate Plus Vitamin D
 Calcium Plus Vitamin D
 Calcium Gluconate
 Calciliquid Syrup
 Generic Multivitamins with / out Minerals
 Ferrous Gluconate
 Ferrous Fumarate
 Ferrous Sulfate
 Niacin
 Polysaccharide-Iron Complex
Child Dosage:
 Generic Pediatric Electrolyte Solutions & Freeze Pops
 Generic Pediatric Formulations

Miscellaneous

Hydrocortisone Suppositories
 Lactase Enzyme
 Pin-X
 Sodium Chloride for Inhalation
 Sodium Fluoride Rinse