

ten things to do

Want to do something to help stop global warming?
Here are 10 simple things you can do and how much carbon dioxide you'll save doing them.

Change a light

Replacing one regular light bulb with a compact fluorescent light bulb will save 150 pounds of carbon dioxide a year.

Drive less

Walk, bike, carpool or take mass transit more often. You'll save one pound of carbon dioxide for every mile you don't drive!

Recycle more

You can save 2,400 pounds of carbon dioxide per year by recycling just half of your household waste.

Check your tires

Keeping your tires inflated properly can improve gas mileage by more than 3%.

Every gallon of gasoline saved keeps 20 pounds of carbon dioxide out of the atmosphere!

Use less hot water

It takes a lot of energy to heat water. Use less hot water by installing a low flow showerhead (350 pounds of CO2 saved per year) and washing your clothes in cold or warm water (500 pounds saved per year).

Avoid products with a lot of packaging

You can save 1,200 pounds of carbon dioxide if you cut down your garbage by 10%.

Adjust your thermostat

Moving your thermostat just 2 degrees in winter and up 2 degrees in summer

You could save about 2,000 pounds of carbon dioxide a year with this simple adjustment.

Plant a tree

A single tree will absorb one ton of carbon dioxide over its lifetime.

Turn off electronic devices

Simply turning off your television, DVD player, stereo, and computer when you're not using them will save you thousands of pounds of carbon dioxide a year.

Spread the word! Encourage your friends to see An Inconvenient Truth



an inconvenient truth

in theaters this summer

www.climatecrisis.net

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